

# Items we test

A simple guide to A o the items tested in the DNA Nutritional Bioresonance Test

## COMMON ITEMS WE TEST FOR...



Mold



Latex



Grasses



Vegetables



Meat



Fish



Nuts



Seeds

## NON FOOD ITEMS

Alder (*Alnus glutinosa*)  
 Apple tree  
 Ash (*Fraxinus excelsior*)  
 Aspen (*Populus tremula*)  
 Aster  
 Barley (*Hordeum vulgare*)  
 Bee  
 Beech (*Fagus silvatica*)  
 Bermuda grass  
 Birch  
 Blackberry Bush  
 Bovines  
 Buckwheat  
 Buttercup  
 Calluna  
 Canaries  
 Cats  
 Chamomile (*Matricaria chamomilla*)  
 Cherry tree  
 Chicken Droppings  
 Chicken Feathers  
 Chile Pine  
 Chrysanthemum (*C. morifolium*)  
 Clover (*Trifolium spp.*)  
 Colonial bent grass (*Agrostis tenuis*)  
 Cotton  
 Currant bush  
 Dahlia (*Dahlia hybrida*)  
 Dandelion (*Taraxum duplidens*)  
 Dead nettle  
 Deer Epithelium  
 Dock (*Rumex acetosa*)  
 Dog Serum Albumin  
 Dogs  
 Downy birch (*Betula verrico*)  
 Duck feathers  
 Dust  
 Elder (*Sambucus nigra*)  
 Elm (*Ulmus glabra*)  
 European beech  
 European lime (*Tilia europea*)  
 False acacia (*Robinia pseudacacia*)  
 Ferret Epithelium

Fireweed/Great willow herb (*Epilobium angustifolium*)  
 Fox epithelium  
 Fungus  
 Goats  
 Golden hamsters  
 Goldenrod (*Solidago virgaurea*)  
 Goose feathers  
 Guinea pigs  
 Hawthorn (*Crataegus spp.*)  
 Hazel (*Corylus avellana*)  
 Hop (*Humulus lupulus*)  
 Hornbeam (*Carpinus betulus*)  
 Horse chestnut (*Aesculus hippocastanum*)  
 Horses  
 Hyacinth (*Endymion non scriptus*)  
 Jacaranda Tree  
 Japanese Millet  
 Jasmine (*Philadelphus spp.*)  
 Juniper bush  
 Kammgras (*Cynosurus cristatus*)  
 Kentucky bluegrass (*Poa pratensis*)  
 Laburnum (*Laburnum anagyroides*)  
 Larch  
 Leather  
 Lilac (*Syringa vulgaris*)  
 Linden Tree  
 Lupine (*Lupinus polyphyllus*)  
 Maize (*Zea mays*)  
 Mangrove  
 Marguerite (*Leucanthemum vulgare*)  
 Meadow fescue (*Festuca pratensis*)  
 Meadow fox tail (*Alopecurus prat.*)  
 Melde (*Artiplex spp.*)  
 Mice  
 Mink Epithelium  
 Misteltoe  
 Mosquito  
 Moth

Mouse Urine Proteins  
 Mugwort (*Artemisia vulgaris*)  
 Mulberry  
 Narcissus (*Narcissus spp.*)  
 New Belgian Aster (*aster novi belgii*)  
 Nylon  
 Oak (*Quercus robur*)  
 Oats (*Avena sativa*)  
 Orchard grass (*Dactylis glomerata*)  
 Parrot Feathers  
 Pear tree  
 Perennial ryegrass (*Lolium perenne*)  
 Pigeons  
 Pigweed (*Chenopodium album*)  
 Pine (*Pinus spp.*)  
 Pine, Scottish (*Pinus sylvestris*)  
 Plane tree (*Platanus acerifolia*)  
 Plantain (*Plantago major*)  
 Poplar (*Populus spp.*)  
 Primrose (*Primulus*)  
 Privet (*Ligustrum spp.*)  
 Prosopis spp.  
 Qack grass (*Agropyron repens*)  
 Quince  
 Rabbits  
 Ragweed (*Ambrosia elatior*)  
 Rape (*Brassica napus*)  
 Rats  
 Red fescue (*Festuca rubra*)  
 Ribwort (*Plantago lanceolata*)  
 Rose (*Rosa spp.*)  
 Rubber  
 Rubber Tree  
 Rye  
 Scotch heather (*Calluna vulgaris*)  
 Sheep's wool  
 Shrubs  
 Spelt  
 Spruce (*Picea abies*)  
 Stinging nettle (*Urtica dioica*)

Strawberry  
 Sweet vernal grass (*Anthoxanthum odoratum*)  
 Tall oat grass (*Arrhenaterium elatius*)  
 Tamarisk (*Myrica sp.*)  
 Tansy ragwort (*Senecio jacobaea*)  
 Thistle  
 Timothy grass (*Phleum pratense*)  
 Tobacco  
 Trees  
 Trespe (*Bromus mollis*)  
 Tulip  
 Tumbleweed  
 Velvet grass (*Holcus lanatus*)  
 Wallflower (*Cheiranthus cheiri*)  
 Walnut Tree  
 Wasp  
 Water reed (*Phragmites communis*)  
 Wheat (*Triticum aestivum*)  
 Wild oat (*Avena fatua*)  
 Willow  
 Wool  
 Wormwood (*Artemisia absinthium*)



## CASE STUDY

I just wanted to let you know that since my results were confirmed as a wheat intolerance at 95% I have cut out all wheat and have lost 23lb in weight, my IBS is nearly non-existent, and I feel so much better. Thank you for such an amazing service.

Claire Smith

## FOOD ITEMS

Acetic acid	Coffee (black)	Lobster	Rye
Ale	Coffee substitute made from barley	Macadamia Nuts	Sage
Almond	Cola	Mackerel	Salmon
Aniseed	Common Mussel	Maize flour	Salt
Apple Juice	Cornflakes	Maple syrup	Sambuca
Apples	Cow's milk	Marshmallow Tea	Sardine
Apricots	Cranberry juice	Milk lactose	Sesame seed
Artichoke	Crayfish	Millet	Sheep's milk
Asparagus	Cream	Molasses	Shellfish
Aubergine	Cumin	Mushrooms	Shrimp
Bacon	Currants (red & black)	Mustard	Sole
Banana	Dates	Noodles	Soy Sauce
Barley	Dill	Nutmeg	Soya
Basil	Dry Roasted peanuts	Onion	Spelt
Bay Leaf	Duck	Oolong Tea	Spinach
Beans (broad)	Eel	Oranges	Stilton
Beans (green)	Egg white	Ovaltine	Strawberries
Beef	Egg yolk	Ox liver	Sugar, Brown
Beer	Fig	Oyster	Sugar, white
Beets (beetroot)	Garlic	Papaya	Sunflower Oil
Blackberries	Gin	Paprika	Sunflower Seeds
Blueberry	Ginger	Peaches	Swede
Brazil nut	Gluten	Peanuts	Tea (black only)
Bread, white bread	Goat's milk	Pears	Tea (green)
Buckwheat	Goose	Peas (garden)	Tomato
Butter	Gooseberries	Pecan nuts	Trout (Brown)
Butter (salted)	Grains	Pepper (black)	Turmeric
Buttermilk	Grapefruit	Pig's liver	Turnip
Cabbage - Green	Grapes (red)	Pine nut	Veal
Camomile Tea	Grapes (white)	Pineapple Juice	Venison
Caraway	Halibut	Plaice	Vinegar (clear)
Cardamom	Hazelnuts	Pomegranate Juice	Vinegar (malt)
Carrot	Herring	Pomegranates	Vodka
Cashew nut	Honey	Poppy Seed	Walnuts
Cauliflower	Honeydew melon	Pork	Wasabi
Celery (raw)	Horse	Potatoes	Watermelon
Champagne	Horse radish	Prosecco	Wheat, ground
Cheddar	Jasmine Tea	Pumpkin Seed	Wheat, whole grain
Cherries	Kiwis	Rabbit	Whisky
Chestnut	Lager	Raisins	White pepper
Chicken	Lamb	Raspberries	White Tea
Cinnamon	Lamb's liver	Red Leicester	White Wine
Clams	Leek	Red Wine	Whitefish
Clove	Lemonade	Rice - White	Yeast
Coconut	Lemons	Rooibos Tea	Yerba mate tea
Coconut oil	Lentils	Rosemary	
Cod		Rum	

# Items we test

## COMMON ITEMS WE TEST FOR...



Gluten



Dairy



Eggs



Wheat



House Dust



Pollen



Pet Hair



Seafood

## NON FOOD

Ampicilloyl  
 Animal Epithilium  
 Anisakis  
 Artemisia Salina  
 Ascaris  
 Aspergillus Fumigatus  
 Aspergillus Niger  
 Budgerigars  
 Budgie droppings  
 Chlorine  
 Horse Bot Fly  
 House Dust Mite  
 Japanese Cedar  
 Latex  
 Lycra  
 Penicillioyl  
 Pigeon Droppings  
 Rabbit Urine Proteins  
 Storage Mite  
 Velvet

## FOOD

A-Lactalbumin  
 Acai Berry  
 Anchovy  
 Avocado  
 B-Lactoglobulin  
 Beans, lima  
 Beef Jerky  
 Boiled Milk  
 Braeburn apple  
 Bread - Rye  
 Brown bread  
 Brussels sprout  
 Butter lettuce  
 Button Mushroom  
 Cabbage - Red  
 Cabbage - White  
 Capsicum (green)  
 Capsicum (red)  
 Capsicum (yellow)  
 Carambola  
 Chestnut Mushroom  
 Chick Pea  
 Chicory lettuce  
 Condensed Milk  
 Coriander  
 Crab  
 Cress  
 E 100 Curcumin  
 E 101 Riboflavin (Vit. B2)  
 E 102 Tartrazine  
 E 120 Cochineal, carminic acid, carmine  
 E 1200 Polydextrose  
 E 122 Carmoisine  
 E 123 Amaranth  
 E 128 Rot 2 G  
 E 132 Indigo carmine  
 E 133 Brilliant blue FCF  
 E 140 Chlorophylls and chlorophyllins  
 E 142 Green  
 E 150 b Sulphite lye Caramel  
 E 150 Caramel  
 E 151 Brilliant black BN, black PN  
 E 155 Brown  
 E 160 a Carotene (mixed carotene, Beta-Carotene)  
 E 160 Lycopene  
 E 161 b Lutein  
 E 162 Beetroot red (betanin)  
 E 163 Anthocyanins  
 E 170 Calcium carbonate  
 E 171 Titanium dioxide  
 E 173 Aluminium  
 E 180 Lithol rubine  
 E 200 Sorbic acid  
 E 202 Potassium sorbate, sorbic acid  
 E 210 Benzoic acid  
 E 211 Sodium benzoate, benzoic acid  
 E 213 Calcium benzoate, benzoic acid  
 E 261 Potassium acetate, salt of acetic acid  
 E 270 Lactic acid  
 E 296 Malic acid  
 E 297 Fumaric acid  
 E 301 Sodium L-ascorbate (Ascorbic acid)  
 E 302 Calcium L-ascorbate (Ascorbic acid)  
 E 310 Propyl gallate (Gallate)  
 E 325 Sodium lactate (salts from lactic acid)  
 E 326 Potassium lactate (salts from lactic acid)  
 E 327 Calcium lactate (salts from lactic acid)  
 E 338 Orthophosphoric acid, Phosphoric acid  
 E 352 Calcium malate  
 E 380 Triammonium citrate (salts from citric acid)  
 E 403 Ammonium alginate  
 E 404 Calcium alginate  
 E 405 Propylene glycol alginate  
 E 406 Agar  
 E 412 Guar gum  
 E 414 Gum arabic  
 E 415 Xanthan gum  
 E 422 Glycerine  
 E 440 Pectin, amidated pectin  
 E 460 Cellulose, microcrystalline cellulose, cellulose powder  
 E 479 Thermo-oxidised soya oil  
 E 901 Bees wax, white and yellow  
 E 902 Candelilla wax  
 E 903 Carnauba wax  
 E 904 Shellac  
 E 950 Acesulfame K, Acesulfame  
 E 951 Aspartame  
 E 952 Cyclamate, Cyclohexane sulphamide acid  
 E 953 Isomalt  
 E 954 Saccharin  
 E 965 Maltite, Maltite syrup  
 E 966 Lactite  
 E 967 Xylitol  
 Earl Grey tea  
 Endive  
 Escarole Lettuce  
 Evaporated Milk  
 Fennel Fresh  
 Flaxseed  
 Fuji apple  
 Gala apple  
 Galia melon  
 Gelatin  
 Goat  
 Golden Delicious apple  
 Granary Bread  
 Granny Smith apple  
 Guava  
 Hops  
 Iceberg Lettuce  
 Jazz apple  
 Kale  
 Karaya gum (E 416)  
 Lactose  
 Maize



## CASE STUDY

"After several years of great stress, I was diagnosed with Leaky Gut Syndrome and hypothyroidism. That was just the beginning. I was exhausted all the time with body aches, stomach and gut issues, brain fog, you name it. After several diets, including a Candida diet, going gluten-free and dairy free and the Whole 30, I was better but still not 100%. I was still not able to exercise like I wanted or had the energy I desired to be there for my family. I saw a friend's son benefit from the Intolerance Testing and decided, "why not?" The results came back and I decided to immediately limit those things in my diet. Within a week, I noticed a difference. A few weeks later, and I saw my energy levels return! I have not felt this great in 5 years!! I am in my 40s but feel like I am 25 again! Plus, the blotches on my skin (from inflammation) disappeared! I highly recommend Intolerance Testing to anyone dealing with gut and health issues. It will save you years of guessing!"

Karen Mangold

## FOOD

Mango  
 Mint (Fresh)  
 Mutton  
 Okra  
 Olive oil  
 Olives (black)  
 Olives (green)  
 Orange juice  
 Oyster Mushroom  
 Oyster sauce  
 Parsley  
 Passionfruit  
 Peppermint oil  
 Pineapple  
 Pink lady apple  
 Plums  
 Pork Sausages  
 Portobello Mushroom  
 Prawns  
 Prunes (cooked)  
 Pumpkin  
 Quinoa  
 Radish  
 Red Kidney Bean  
 Rice - Brown  
 Rocket  
 Romaine Lettuce  
 Shitake Mushroom  
 Smoked herring  
 Sour cream  
 Soya Bean  
 Sweet Freedom  
 Tea (Black)  
 Tequila  
 Thyme  
 Turkey  
 Vanilla  
 Watercress  
 White bean  
 Winkles

## METALS

Aluminium  
 Antimony  
 Arsenic  
 Beryllium  
 Bismuth  
 Cadmium  
 Chromium  
 Cobalt  
 Copper  
 Gold  
 Iron  
 Lead  
 Magnesium  
 Manganese  
 Mercury  
 Nickel  
 Palladium  
 Platinum  
 Rhodium  
 Silver  
 Strontium  
 Tin (from canned food)  
 Titanium  
 Tungsten  
 Vanadium  
 Zinc

## NUTRITION

Acidophillus  
 Allium  
 Alpha Lipoic Acid  
 Anthocyanidins  
 Ascorbic Acid  
 Beta-Carotene  
 Betaine  
 Bio-flavonoids  
 Biotin  
 Bromelain  
 Calcium  
 Carotenoids  
 Choline  
 Chromium  
 Citrus bio-flavonoids  
 Co-Q-10  
 Copper  
 Creatine  
 Cystine  
 Docosahexaenoic acid  
 Eicosapentaenoic acid  
 Ellagic acid  
 Fibre  
 Flavonoids  
 Folate  
 Folic acid  
 Formic acid  
 Gallic acid  
 Genistein  
 Germanium  
 Glutamine  
 Glutathione  
 Inositol  
 Iodine  
 Iron  
 Iso-Flavonoids  
 L-Carnitine  
 Lactic acid  
 Lecithin  
 Lignans  
 Lutein  
 Lycopene  
 Magnesium  
 Mallic acid  
 Manganese  
 Melatonin  
 Molybdenum  
 Niacin  
 Nicotinic acid  
 Nucleic acid  
 Omega 3  
 Omega 6  
 Oxalic acid  
 Pantothenic acids  
 Para Aminobenzoic acid  
 Phosphorus  
 Phytosterols  
 Polyphenols  
 Potassium  
 Pro-anthocyanidins  
 Pyridoxine  
 Salicylic acid  
 Saponins  
 Selenium  
 Silica  
 Sodium  
 Sulforaphane  
 Tannins  
 Tartaric acid  
 Taurine  
 Uric acid  
 Vit. B2  
 Vit. B3  
 Vit. C  
 Vitamin D  
 Vitamin K  
 Vitamin. A  
 Vitamin. B1  
 Vitamin. B12  
 Vitamin. B5  
 Vitamin. B6  
 Vitamin. E  
 Zeaxanthin  
 Zinc

30 ITEMS